# Foot & Ankle Training Days

### Workshop 1:

#### AM:

- Introduction to MSK Ultrasound normal appearance of tissues, training and competency
- Probe skills & knowledge of systems
- Anatomy of the foot & ankle impact on sonographic evaluation of structures
- The Achilles & posterior ankle

#### PM:

- Lateral & medial ankle ligaments, tendons & joint recesses
- Anterior ankle joint recess, tendons & neurovascular structures
- Focus on forefoot & heel pain 1st MTPJ, Mortons neuroma, plantar fascia
- Finish & summarise

## Workshop 2:

### AM:

- Discussion on challenges encountered, aims for the session. Group objectives on structures to revise in afternoon session
- Pathology commonly encountered around the foot and ankle
- Revision Achilles tendon and the calf musculature gastroc / soleus / plantaris

### PM:

- Bony anatomy of the foot highlighting different joint recesses and systematically visualising

### Webinars - 90 mins each:

- Webinar 1 Achilles & posterior ankle
- Webinar 2 Lateral & medial ankle
- Webinar 3 Anterior ankle
- Webinar 4 Forefoot & heel pain





- Workshop 1 £200 (50% discount - RRP £400)
- Workshop 2 £400
- Webinar 1 £50
- Webinar 2 £50
- Webinar 3 £50
- Webinar 4 £50





# Revision session - tricks and tips, overcoming barriers

Purchase an US scanner and get ALL of the above training for FREE

To book call Celtic SMR 01646 603150

